

# HANNAH JOY METTLER

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## EDUCATION

- 2026    MFA Candidate in Dance, Sam Houston State University, Huntsville, TX**  
A three-year program. *Curriculum Included:* Dance Composition I, II, & III, Theory of Dance, Dance Pedagogy in Higher Education, Research Methods, Dance and Integrated Technology, Professional Issues, Ballet technique, Modern technique, Seminar in Dance Production, and Independent Study.  
*Faculty Included:* Jennifer Pontius, Dionne Noble, Andrew Noble, Adele Nickle, Francisco Graciano.
- 2016    BA in Dance, Messiah University, Grantham, PA**  
A four-year program. *Curriculum included:* Technique classes in Ballet, Modern, Jazz, or Tap technique; Choreography, Improvisation, Dance History, Human Biology, Dance Pedagogy, Kinesiology, Introduction to Technical Theater, Theater Production Practicum, Dance Ministry, Dance Capstone Project, Independent Study focused in pedagogy.  
*Faculty:* Gregg Hurley, Danielle Smith Guillermo, Marie Cleaves Rothacker.
- 2016    BS in Psychology, Messiah University, Grantham, PA**  
A four-year program. *Curriculum included:* Cognition, Life span development, Abnormal Psychology, Social Psychology, Social Research, Statistical Methods in Psychology, Sensation and Perception, Biological Basis of Behavior, Child Development, Counseling Theories, History and Systems, Experimental Psychology, Psychology Seminar, Introduction to Sociology.  
*Faculty:* Dr. John Bechtold, Dr. Charles Jantzi, Dr. Valerie Lemmon, Dr. Henry Danso, Dr. Jennifer Thomson.
- 2002-2016    North Jersey School of Dance Arts, Hackettstown, NJ**  
Preprofessional dance school specializing in Vaganova method ballet technique. Received education in ballet, rhythm tap, jazz, and contemporary dance.  
*Faculty:* Luba Gulyaeva, Christine Taylor Schmelz, Dorothy Wasserman

## TEACHING EXPERIENCE

- 2024    Sam Houston State University, Huntsville, TX**  
Graduate Assistantship with the Dance Department.  
Fall 2024: Taught a full semester of ballet technique to BFA students and Jazz 2 to non-majors as the instructor of record.  
Assisted Faculty as Rehearsal Director for Andrew Noble's Fall 2024 Faculty Work in the Spectrum Dance Concert at SHSU.
- 2023    Responsible for teaching ballet technique to undergraduate students when professors are absent. Graduate Assistant to three professors for online academic courses. Guest taught modern technique.**

- 2017-2023 Boni's Dance and Performing Arts, The Woodlands, TX**  
 School Director: Bonnie Scheutz  
 Responsibilities Include:
- Stage Manager for annual Nutcracker Performances. (2021, 2022, 2023, 2024)
  - Full year instructor for ballet, tap, jazz, contemporary, and modern technique for beginner through advanced level student dancers.
  - Assistant Stage Manager for Spring Ballet performances.
  - Summer Ballet Intensive Faculty. Taught Ballet and Modern technique (2022)
  - Tap Intensive Faculty (2021, 2022)
- 2019-2023 Houston Academy of Dance, Houston, TX**  
 School Director: Evelyn Ireton  
 Responsibilities Include:
- Full year instructor for ballet, contemporary, and jazz, and tap.
  - Streamlining syllabus for tap technique across all levels. (2021, 2022, 2023)
- 2019-2023 West University Dance Center, Houston, TX**  
 School Director: Evelyn Ireton  
 Responsibilities Include:
- Full year instructor in ballet technique (2019)
  - Summer course instructor (2020, 2021, 2022)
  - Summer Intensive Instructor for Ballet technique (2022, 2023)
- 2017-2019 Mitsi Dancing School – Katy Campus, Katy, TX**  
 School Director: Jia Ma  
 Responsibilities Include:
- Full year instructor teaching rhythm tap technique and ballet technique.
- 2015-2017 North Jersey School of Dance Arts, Hackettstown, NJ**  
 School Director: Christine Taylor Schmelz  
 Responsibilities Include:
- Teaching Ballet, Contemporary for Beginners, and Rhythm Tap

## **FESTIVALS, MASTER CLASSES, & GUEST TEACHING EXPERIENCE**

- 2024, 2023, 2022 Bailando International Dance Festival, Corpus Christi, TX**  
 Executive Director: Jilissa Cotten  
 Rhythm and Broadway Tap Faculty Instructor
- 2024, 2023, 2022 Epicenter School for the Arts, Dallas, TX**  
 Executive Director: Michelle Brogan  
 Ballet Intensive Faculty. Taught ballet, variations, and modern technique for one week while preparing choreography on students to be shared at an end of the week showcase.
- 2024, 2023 National Youth Theater, The Woodlands, TX**  
 Dance Director: Carla Prescott  
 Summer Intensive Faculty: Advanced Jazz Instructor
- 2024, 2023 Magnify Dance Company, Houston, TX**  
 Executive Director: Lauren Reitzammer  
 Guest Faculty for Modern Dance
- 2023 Juleigh Holley's School of Dance, Katy, TX**

- Executive Director: Juleigh Holley  
Rhythm Tap Master Class Instructor  
**2022** **Open Sky Arts Collective**, Houston, TX  
Executive Director: Jeanna Vance  
Modern Faculty for company class
- 2021** **Ad Deum Dance Company**, Houston, TX  
Executive Director: Randall Flinn  
Guest taught Modern technique to trainee dancers.
- 2021** **International Christian Dance Fellowship of Ireland (ICDF)**  
Taught Virtual Modern Dance Classes through Zoom during the COVID-19 pandemic as a guest instructor for 4 months. International Christian Dance Fellowship has over 25 nation chapters all over the globe represented and united under the umbrella of its mission statement.

## CHOREOGRAPHIC EXPERIENCE

- 2024** ***Mirrored Trust***  
Duet: Dillon Bell & Charlee Poulin  
Music: Excerpts of “Different Trains: After the War III” by Steve Reich, Kronos Quartet  
Lighting Designer: Kyle Rucker  
Performed at Sam Houston State University, Masters of Dance Concert  
***Stirring Circles***  
Co-choreographed and performed by Hannah Mettler and Andrew Robert Smith.  
Music: *Icefloe* by Zoe Keating  
Lighting Designer: Nicholas Zack  
Performed at 254 Waco Cultural Arts Festival (April 2024)  
Performed at Sam Houston State University- Masters of Dance Concert (February 2024)  
***Fractured, yet Whole***  
4 Dancers: BFA students from Sam Houston State University  
Music: Gyorgy Ligetti  
Lighting Designer: Bryan Ealey  
Performed at Sam Houston State University for the Masters of Dance Concert.
- 2023** ***Six Opportunities***  
6 Dancers: BFA and MFA students at Sam Houston State University  
Music: Edited scores composed by Apparat  
Lighting Designer: Nicholas Zack  
This contemporary dance work was composed for a graduate choreography final using light, sound, stage and costume design to illustrate a concept of research.
- 2021** ***Keri’s Super Speed***  
Tap Solo  
Music: Audio Interview of Keri Wilson’s parents.  
Performed by Mei/co Dance’s production of Sunshine Personified in honor of Keri Wilson.
- 2019** ***Remembrance***  
10 Dancers

- Music: Spring Part II, Composed by Matthew Lennox  
 Performed by Ad Deum II at Ad Deum Dance Company's Summer Intensive Concert
- 2018** ***I Will Wait***  
 Four Dancers  
 Music: I Will Wait, Song by Phil Wickam  
 Performed by Ad Deum II at Project Dance Houston, Houston, TX

## CONTINUING EDUCATION

- 2022** **Rhee Gold: Constructing Fresh Tap Curriculum**  
 A four-week online training module focused on how to create more effective class exercises for all levels of tap dancers with a focus on rhythm manipulation.
- 2015** **Mark Morris Dance for Parkinson's Training**, Brooklyn, NY  
 A three-day training at the Mark Morris Dance Group studio led by David Leventhal. Daily classes and seminars in pedagogy were used in order to equip teachers to instruct individuals with varying severity of symptoms from Parkinsons Disease using the Dance for PD methodology.

## ARTS ADVOCACY & LEADERSHIP

- 2024-2023** **Heart of Dance**  
**Positions held: Elected Board Member & Creative Director for 2023-2024 year.**  
 Heart of Dance is a 501(c)3 Non-profit organization that serves in the greater Houston, TX area. This non-profit serves in two main capacities. One is to provide alternative rave/club environments for dancers of all genres who enjoy the club atmosphere, but desire a safe environment without the presence of drugs and alcohol. These events are meant to be safe and inclusive dance environments especially for those who have recovered from drug and or alcohol addiction. The other focus of this non-profit is church partnership and education on the significance of dance in multiple genres and teaching active church bodies in different forms of dance expression.
- 2020-2021** **Virtual Coordinator**  
**Ad Deum Dance Company**  
 Organized, designed, and executed a virtual intensive for Ad Deum Dance Company during COVID-19 pandemic. Responsibilities included coordinating and creating a schedule with over 15 master teachers across four US time zones for a five-day intensive that ran four classes a day, with two classes simultaneously occurring. Over 50 dancers were represented from four US time zones and 3 European time zones. Daily tasks were preparing guest faculty welcome packets detailing their itinerary and instructions, emailing zoom links to individual participants based off of selected classes, and communicating all Zoom platform log ins with teachers and participants.
- 2015** **Shining Light Prison Arts Experience**  
**Shining Light – 501(c)3 non-profit organization**  
**Choreographer, Dancer, and Dance Educator**  
 A two-week workshop teaching dance in the Riverside Correctional Facility for women. Responsible for teaching dance pieces to resident inmates in preparation for a

show that would be performed for fellow inmates on good behavior and prison staff. I worked side by side with the inmates to create dances together and encourage their gift of dance to thrive inside prison walls.

**2014 Shining Light Prison Tour**

**Shining Light – 501(c)3 non-profit organization**

**Choreographer & Dancer for 2014 Prison Tour**

A monthlong community outreach experience for prison inmates where professional singers, actors, dancers, musicians and spoken word artists assembled to create a show to take on tour to over 12 prison systems (men's, women's, and juvenile facilities included). The show was learned in one week and the tour took place over the following three weeks beginning in Maine, traveling through Vermont, New Hampshire, New York and Pennsylvania.

I was personally responsible for choreographing two of the six dance pieces in the show as well as performing in the other four works.

**PERFORMANCE EXPERIENCE**

**2024 *Two Singles Walk into a Bar***

Choreographed by Lauren Serrano

Performed at Barnstorm Dance Festival, Houston, TX

**2023 *Lethal Potatoes***

Choreographed by Tyler Orcutt

Spectrum Dance Concert

Performed at Sam Houston State University, Huntsville, TX

***A Sequence of Related Events***

Choreographed by Dionne Noble

Spectrum Dance Concert

Performed at Sam Houston State University, Huntsville, TX

***Power Play***

Choreographed by Andrew and Dionne Noble

NobleMotion Dance Guest Artist

Performed at the MATCH, Houston, TX

**2022 *Six Voices***

Choreographed in collaboration by Andrew Noble, Brittany Deveau, Evelyn Toh, Justin Curry, Fransisco Graciano, and Lindsey McGill.

Performed at NMD 2's Showcase, Final Inning. MATCH, TX

***NobleMotion Summer Dance Intensive Showcase***

Performed a work in process created by Andrew and Dionne Noble, and an additional work by Mike Esperanza.

***The Messengers***

Choreographed by Randall Flinn

Ad Deum Dance Company

Performed at Artists for Hope, San Jacinto, TX

***Dear Monsters***

Choreographed by Steve Rooks

Ad Deum Dance Company

Performed at Bailando International Dance Festival, Corpus Christi, TX

***Bitter Earth***

Choreographed by Steve Rooks

Ad Deum Dance Company

Pre-show lobby opening performance for Houston Ballet, Houston, TX

***Ballet Variations***

Co-Choreographed and Performed with Bria Greenwood

25 minutes.

Invited by Dance Houston

Performed at Truc Lam Meditation Center

**2021** ***Excerpts from Handel's Messiah***

Choreographed by Durell Comedy.

A 35-minute modern dance work comprised of prominent sections of Handel's *Messiah* portrayed through group dances.

Performed at the C.S. Lewis Conference held in Navasota, TX

***Glory***

Choreographed and performed by Hannah Mettler

Solo

Performed at Heart of Dance annual conference.

***Gems***

Choreographed by Caleb Mitchell

Trio.

Performed at ExtravaDance hosted at Miller Outdoor Theater, Houston, TX

***Diadems Unveiled***

Choreographed by Jennifer Mabus

Group work for six dancers.

ExtravaDance hosted at Miller Outdoor Theater, Houston, TX

***Fragile***

Choreographed by Randall Flinn

Solo

Performed at Project Dance Houston, Houston, TX

**2020** ***Ad Deum Summer Concert***

An evening length concert produced by Randall Flinn. Additional danced included:

*Gems* choreographed by Caleb Mitchell.

*Diadems Unveiled* by Jennifer Mabus

*Excerpts from Handel's Messiah* by Durell Comedy

*The Blessing* by Randall Flinn

Performance hosted at Dance du Coeur, Sugarland, TX

***Story Lane***

Choreographed by Meggie Belisle & Hannah Uechert Schulte

Mei/co Dance Company

An evening length work dedicated to two cancer survivors, telling their story through movement.

***Story Lane: The Tree***

Choreographed by Meggie Belisle

Mei/co Dance Company & Ad Deum Dance Company

A holiday themed work detailing the story of several cancer survivors experiences of the holiday season.

***Noche de Paz***

Choreographed by Randall Flinn

Duet

Ad Deum Dance Company

**2019    *Still, I Have Hope***

Choreographed by Gabriel Spieller

Ad Deum Dance Company

***Ballet Variations***

Co-Choreographed and Performed with Seungyeon Yoo

25 minutes.

Invited by Dance Houston

Performed at Truc Lam Meditation Center

***Selah***

Choreographed by Steve Rooks

Ad Deum Dance Company

***Joyful Noise***

Choreographed by Durell Comedy

Ad Deum Dance Company

***C.S. Lewis Conference***

An evening length work of pieces choreographed by Randall Flinn, Vincent Hardy, and Megan Morrow.

Ad Deum Dance Company

***Dive in the Water***

Choreographed by Randall Flinn

Ad Deum Dance Company

Performed at Bailando International Dance Festival

**2018    *Mastermind***

Choreographed by Shizu Yasuda

Ad Deum II

***Ballet Variations***

Co-Choreographed and Performed with Alia Isringhausen

25 minutes

Invited by Dance Houston

Performed at Truc Lam Meditation Center

***The Decision***

Choreographed by Alicia Graf-Mack

Ad Deum II

***Rose Solo***

Choreographed by Shizu Yasuda

Ad Deum II

***Innocence Not Lost***

Choreographed by Randall Flinn

Ad Deum II

**2017    *Defender***

Choreographed by Hannah Anderson  
Ad Deum Dance Company Guest Artist

***Ballet Variations***

Co-Choreographed and Performed with Lindsay Dekleva  
25 minutes.

Invited by Dance Houston  
Performed at Truc Lam Meditation Center

***Mozart's Mass***

Choreographed by Randall Flinn & Shizu Yasuda  
Ad Deum Dance Company & Ad Deum II

***Miracle***

Choreographed by Shizu Yasuda  
Ad Deum II

**2016 *Splendid China***

Choreographed by Yifan Zheng  
Ad Deum II

Performed at Miller outdoor theater for Splendid China, hosted by Dance of Asian  
America

***Amazing Grace***

Choreographed by Shizu Yasuda  
Ad Deum II

***Hope for the Holidays***

Choreographed by Denise Caston-Clark  
Caston & Company Tap Ensemble